

school holidays

Adelaide Aquatic Centre is a one stop shop for those looking to keep fit, learn how to swim and have fun. Other facilities and programs offered at the centre include:

Facilities:

- » Swimming Pools
- » Fitness Centre
- » Creche
- » Spa, Sauna and Steam Room
- » Swim Shop
- » Splash Café
- » Picnic and BBQ areas

Programs:

- » Learn to swim leasons
- » Birthday Parties for children
- » Group Fitness Classes
- » Personal Training
- » Boot Camp
- » Strength for Life classes



ADELAIDE
AQUATIC CENTRE

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AQUATIC CENTRE



The school holiday fun program is a fun and active program for children ages 5 to 12 years. The program is held in a safe environment and is tailor made to suit the different age groups.

when

Held on Mondays, Wednesday and Fridays during school holidays, each session runs from 9 am to 1 pm with the exception of the 2 weeks around Christmas and New Year.

activities schedule

With a maximum of 20 children, the 4 hour sessions consist of the following activities:

- » Out of water based activities approx 2 hours
- » In the water based activities approx 1.5 hours
- » Lunch break approx 30 mins

Activities are run by fitness instructors and assisted by a team of staff from the centre. The activities are group games structured around promoting physical activity and team work.

Different timetables are drawn each week depending on the age groups present with activities such as noodle races, all over red rover, stuck in the mud and tonto.

meals

All children participating in the program will be provided with free lunch on the day.

Lunch menus includes

- » Hot chips
- » Fairy bread
- » Fresh fruit
- » Cordial

what you need to bring

- » Labelled water bottle
- » Bathers
- » Towel
- » Comfortable clothing and shoes

health issues

All information regarding your child's medical concerns should be detailed upon enrolment.

Please consult the customer service centre staff regarding any individual concerns you may have.

how to book

In person:

Monday to Friday 9.00 am – to 7.00 pm
Saturday – 8.00 am – 12.30 pm

Over the phone:

Monday to Friday 9.00 am to 5.00 pm
Saturday – 8.00 am to 12 noon

pricing

Please refer to our current price list. Copies can be obtained from the Customer Service Centre.

bonus

A free day pass will be issued for one parent to use the Fitness Centre or the pool while their children are participating in the school holiday fun program.

